ABSTRACT OF THE DISCLOSURE

A profiled rail for supporting plate-shaped elements, particularly for inlay mounting of ceiling plates for louvered ceilings includes a base body, having a T-profile in select areas, a longitudinally extended web and a lower flange. The lower flange runs along a longitudinal edge of the web and comprises two lower flange sections each extending from the web essentially in opposite directions. The lower flange is formed by bending the web. The side of the lower flange, which is oriented away from the web, is provided with a facing board. A multitude of openings are provided in the web, whereby at least one of the lower flange sections is formed by material sections of the web that are folded out from the openings. The web is provided as a single layer essentially over its entire surface. A method for producing a profiled rail of this type is also provided.